



What is a Certified Course & Why is it Important?

1. A certified course lets runners know that the event director is serious about organizing a legitimate race.
2. A certified course involves formal course measurement by a trained individual. This guarantees runners an accurate course distance, which allows you to accurately compare your time to performances run on other certified courses (because you can be sure the distances were the same). No one can truly establish a personal best if the course distance is not accurate.
3. Runners setting national or state records are recognized and eligible for records.
4. The course is listed nationally and on a state list.
5. Certified courses are recognized in certain publications (e.g., highlighted or listed with an asterisk).