

Winter 2010 CMES After School Enrichment Program

Class Descriptions

Please register by January 15, 2010 using the attached registration form.

All classes will run from 4:00 – 5:00pm EXCEPT Awesome Animals (4 – 5:15)

CLASS	GRADES	DAY	FEE
Art-Cartooning Instructor: Young Rembrandts' Instructor Maximum 20 students Students will follow the Young Rembrandts' step-by-step method with the fun and excitement of cartooning. They will create new cartoon characters and draw action, movement, sound, expressions and moods while developing a series of drawings to tell a joke. Students will gain mastery in a unique drawing style and improve their core learning skills.	Gr. 1 – 5	Monday*	\$55
Art-Sculpting Instructor: Sarah Dimiceli Maximum 20 students Students will have the opportunity to express themselves using 5 different mediums for creating sculptures. The different topics for each specific week will be clay sculpture, recycled sculpture, wood sculpture, mobiles and stabiles, and paper mache and plaster. Mrs. Dimiceli will use her education and experience as an art teacher at CMES to help students form their masterpieces.	Gr. 2 – 4	Monday*	\$10
Beading Instructors: Chris Rumancik and Dawn Beall Maximum 10 students Students will make earrings, necklaces and bracelets using glass beads. This class requires good fine motor skills and patience but is extremely rewarding. A supply list will be sent home prior to the first class. Mrs. Rumancik and Mrs. Beall are CMES parents. The instructors enjoy beading for themselves, their families and friends.	Gr. 4 – 5	Monday*	\$10 plus supplies
Lego Mania Instructor: Bonnie Monninger Maximum 12 students Students will build and create models with lego bricks using their own imagination. Bring your ideas and let's have some fun! Mrs. Monninger is a CMES parent who has been involved with the After School Enrichment Program for many years.	Gr. K – 5	Monday*	\$5

*** There will be no class on Monday, February 15. The class will be made up on Monday, March 8.**

(class descriptions continue on back)

CLASS	GRADES	DAY/TIME	FEE
Awesome Animals	Gr. K – 5	Wednesday 4:00 – 5:15	\$30

Instructor: Alice Nemistas (Fountain Rock Nature Center)

Maximum 27 Students

Students will enjoy this hands on experience while learning about nature. Class topics include Awesome Animals, Woodland Indians, Birds, Snakes, and Insects. Alice Nemistas has been a Park Naturalist for the Frederick County Parks and Recreation Department for over 20 years. She loves teaching about nature.

Aerobics	Gr. 2 – 5	Wednesday	\$0
-----------------	------------------	------------------	------------

Instructors: Hope Bernota and Mindy Bankey

Maximum 15 students

Come dressed to sweat in this classic hi-lo impact aerobics class! We'll learn simple routines to music from Miley Cyrus and HSM, and all moves taught will be child-appropriate. Mrs. Bernota is a CMES parent who taught aerobics many years ago, and Mrs. Bankey is another CMES parent who loves to dance. Both believe strongly in the importance of teaching our children to love physical activity. Recommended: exercise clothes, sneakers, a water bottle to minimize time out at the fountain, and a towel for floor stretches.

Small & Large Ball Games	Gr. 2 – 4	Wednesday	\$5
-------------------------------------	------------------	------------------	------------

Instructors: Risë Lanier and Carol McQueen

Maximum 20 students

Games will include kickball, crabball, bowling, hoopball, and jacks/marbles. Mrs. Lanier and Mrs. McQueen are both experienced teachers at CMES and enjoy playing games with children.