

Carroll Manor Elementary School Staff Biography



Lisa Frederick
Counselor



My name is Mrs. Lisa Frederick, your school counselor. I have been at Carroll Manor for 3 years and have been a school counselor for 16 years! Previously, I was a first grade teacher for 9 years. I am married with 3 children; 2 sons, 16yrs.(a soccer goalie & a magician!), 13 yrs.(a soccer “striker”) and a daughter, 10 yrs.(who enjoys everything!) I treasure spending time with my family and traveling here and there to soccer games, gymnastics, ice skating, and church youth group events. Taking time with friends is also important! I enjoy sitting on the beach with a good book, feeling grateful for all of life’s blessings. My favorite quote is “Live one day at a time and make it a masterpiece.” Looking forward to a terrific school year!